

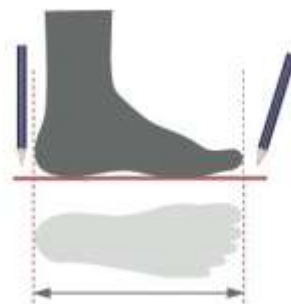
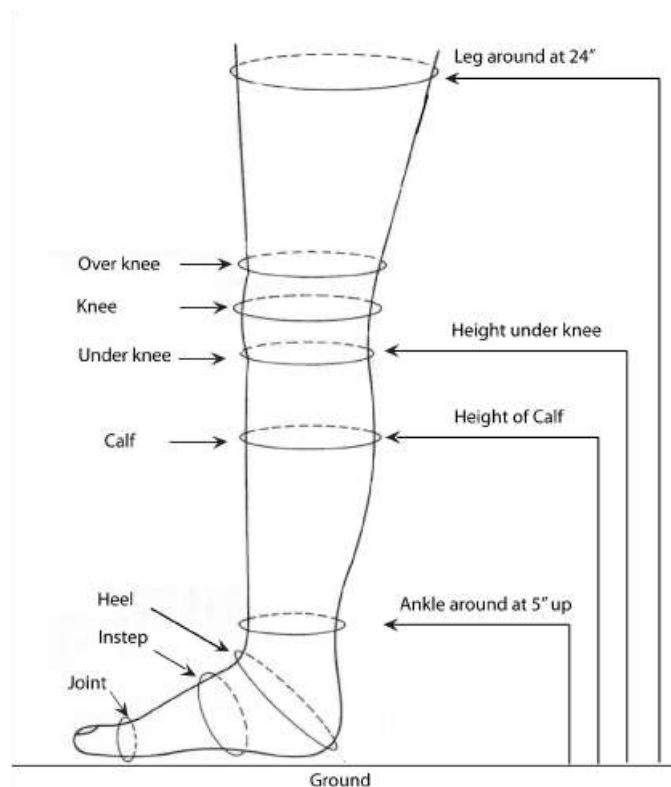
## Measuring Instructions

Two outlines are required for each foot. Draw around each foot with a **Pencil**, **First** with the pencil held upright and **Second** with the pencil held at an angle (See drawing below). It is important that you get another person to measure you as the outlines must be taken whilst you are standing evenly. Label each sheet with your name clearly printed on it.

Please wear the stockings or Hose socks you intend to wear with the footwear when being measured.

Please give the measurements in the chart on the next page, according to the type of footwear you are ordering. Measure around the foot with a fabric tape measure and also provide details of any foot problems or painful areas.

**Do Not** use felt pens. The fit can only be as good as your measurements.



**MEASUREMENT FORM**

Customer Name:

Normal Shoe size:

<u>Measurements</u>	<u>Left Foot</u>	<u>Right Foot</u>
Joint		
Instep		
Heel		
Ankle at 5" (Around)		
Calf (Around)		
Calf (Height)		
Under Knee (Around)		
Under Knee (Height)		
Knee (Around)		
Over Knee (Around)		
Leg at 24" (Around)		

Do not forget to provide the foot outline drawings. Place your foot on a piece of white paper and draw around it as the instructions on the previous page.

Please add any additional information you think may be relevant